



## ELK GROVE COMMUNITY SERVICES DISTRICT

Fire ■ Emergency Medical Services ■ Parks & Recreation

### PARKS AND RECREATION DEPARTMENT

Elk Grove Park Maintenance Division

9950 Elk Grove-Florin Rd., Elk Grove, CA 95624

(916) 686-0804 ■ (916) 685-7601 fax ■ [www.egcsd.ca.gov](http://www.egcsd.ca.gov)

### Public Service Announcement/Class Notes

Contact: Angela Edwards

Recreation Coordinator

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*For Immediate Release*

December 13, 2004

## FENCING CAMP FOR KIDS



**Elk Grove, CA – En garde!** The Elk Grove Community Services District (CSD) Department of Parks and Recreation will partner with the Davis Fencing Academy to offer Fencing camps over winter break at the Elk Grove Park Pavilion.

Fencing camp will introduce students to this Olympic sport. Instructors will provide basic equipment, including safety gear. Using footwork as a warm-up exercise, students will advance

through drills designed to build strength and stamina while learning speed and endurance. A lightweight, flexible foil with a rubber tip is used in a series of drills as students learn proper handling and manipulation. Classes are non-competitive and provide a great work-out. Camp specifics are as follows:

Class Location: Elk Grove Park Pavilion (9950 Elk Grove Florin Road)

For Ages 8-12

Monday, December 20<sup>th</sup> – 23<sup>rd</sup>, 8:30 a.m. – 11:00 a.m. OR

Monday, December 27<sup>th</sup> – 30<sup>th</sup>, 8:30 a.m. – 11:00 a.m.

For Ages 12 and Over

Monday, December 20<sup>th</sup> – 23<sup>rd</sup>, 11:30 a.m. – 2:00 p.m. OR

Monday, December 27<sup>th</sup> – 30<sup>th</sup>, 11:30 a.m. – 2:00 p.m.

Cost: \$65 per person

Pre-registration is required. Call the CSD at (916) 405-5300 to enroll.

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*"Your Independent Local Government Agency Providing Parks, Recreation, Fire Protection and Emergency Medical Services"*